



Student Name: _____

Practice Challenge Start Date: _____

THE PRACTICE CHALLENGE

MY PRACTICE GOAL is to practice for _____ minutes, _____ times a week.

- The Practice Challenge runs for 4 weeks starting on your first lesson in October.
- During this time, record your daily practice minutes by coloring in one small square for every 15 minutes you practice (Note: the shortest amount of time you can log time is 15 minutes).
- Have a parent initial to confirm your total practice time every week.
- Bring your Practice Log to any (or every!) lesson in October and cash in your practice minutes for sweet prizes.
- In addition to any prizes you earn, the student who practices the most in October, gets \$100 of cold, hard cash!*

*In the event of a tie, names will be entered into a draw to declare a winner.

PRACTICE LOG

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TOTAL TIME PRACTICED: _____

Practicing so much you need another Practice Log? Just let us know at your next lesson!

To see what prizes are up for grabs, check out the Prize Booth or visit
www.backbeatrock.com/practicechallenge